

Compassionate Inquiry[®]

OUR 1st ANNUAL CONFERENCE

Confluence

Deepen Your Connection & Compassionate Inquiry Skills



**Keynote & Master Class with: Dr. Gabor Maté
& Plenary Talks Led by: Sat Dharam Kaur ND**

***With over 40 Workshops & Live Entertainment
Connect, Share & Learn from the Compassionate Inquiry Community***

In Person for CI Professional Program Attendees & Live Stream for CI Community

Register to attend in person by: September 11, 2022 or **online by:** November 9, 2022 Midnight PT

Conference Dates: November 11-13, 2022 **Location:** Vancouver, Canada

www.compassionateinquiry.com/conference/

CONFLUENCE

Day 1 Schedule • Friday, November 11, 2022 • 8:30 am to 8:00 pm

Day 1 Explores: Presence, Attention, Childhood, Family, Trauma, CI Circles, Spirituality, Suicide, Chronic Hoarding and Clutter, IFS, Compassion Fatigue, Beliefs, Workplace and more

*All Times Listed are Pacific Time (PT) * Schedule Subject to Change*

TIME	VENUE	TITLE	SPEAKERS
8:30 am - 9:00 am	Great Room	<i>Movement, Meditation and Music</i> Chanting Our Essence: A Compassionate Inquiry Community Sing	Leah Hokanson
9:00 am - 10:30 am	Great Room	Unpacking the Stepping Stones	Sat Dharam Kaur ND
10:30 am - 10:50 am	Break	Break	Break
10:50 am - 12:30 pm	Great Room	If Your Body Could Speak, What Would It Say?	Espé Garcia, Jinny Jacinto
10:50 am - 12:30 pm	Breakout I	CI for Suicide Attention	Irina Ungureanu, Camilla Monroe
10:50 am - 12:30 pm	Breakout II	CI with Youth	Vimalasara Valerie Mason John
10:50 am - 12:30 pm	Breakout IV	Different Kinds of Tears	Siri Dharma
12:30 pm - 1:45 pm	Lunch	Lunch	Lunch
1:45 pm - 3:15 pm	Great Room	Shining the CI Light on Hoarding	Jo Cavalot
1:45 pm - 3:15 pm	Breakout I	The Gift of Postpartum Depression	Charlotte Watson
1:45 pm - 3:15 pm	Breakout II	Bringing Attention to Family Trauma	Diana Curtis, Justin McLean
1:45 pm - 3:15 pm	Breakout IV	CI Combined with Internal Family Systems	Rhonda-Mae Nelson
3:15 pm - 3:35 pm	Break	Break	Break
3:35 pm - 5:00 pm	Breakout I	Support Yourself and Others to Prevent Burnout	Mary 'O' Connor
3:35 pm - 5:00 pm	Breakout II	Digging for Gold: Unearthing Core Beliefs	Luke Sniewski
3:35 pm - 5:00 pm	Breakout III	Can CI Change the workplace?	Isabelle Henkens and Steve Borloz
3:35 pm - 5:00 pm	Breakout IV	Stories of Resilience in New Mothers	Sabitri, Sanyal, Sk. Ansari Kader
5:00 pm - 7:00 pm	Dinner	Dinner	Dinner
7:00 pm - 8:00 pm	Great Room	Sharing Circle: Ancestral Spirituality, Engaging Spirit in the CI Process	JoLee Sasakamoose, Roberta Frantzis

CONFLUENCE

Day 2 Schedule • Saturday, November 12, 2022 • 8:30 am to 9:00 pm

Day 2 Explores: Awareness, Movement, Interactions, Art, Healing, BIPOC, Diversity, True Self, Parenting, Triggers, Expressive Arts and more

*All Times Listed are Pacific Time (PT) * Schedule Subject to Change*

TIME	VENUE	TITLE	SPEAKERS
8:30 am - 9:00 am	Great Room	<i>Movement, Meditation and Music</i> Spoken Word Performance	Tamara Kowalska
9:00 am - 10:00 am	Great Room	Keynote Speech	Dr. Gabor Maté
10:00 am - 10:30 am	Great Room	Re-Sourcing - 5 Rhythms - Awareness in Motion	Lucy Howgego
10:30 am - 10:50 am	Break	Break	Break
10:50 am - 12:30 pm	Great Room	What Is the True Self?	Sat Dharam Kaur
10:50 am - 12:30 pm	Breakout I	Trigger Points in the Body as Pathways to the Subconscious	J'aime Rothbard
10:50 am - 12:30 pm	Breakout II	Master Class - CI Demonstration (Spanish)	Dr. Gabor Maté
10:50 am - 12:30 pm	Breakout III	CI & Conscious Parenting	Luz Maria Villagras Surco
10:50 am - 12:30 pm	Breakout IV	Understanding Your Transgender Client	Jordan Decker
12:30 pm - 1:45 pm	Lunch	Lunch	Lunch
1:45 pm - 3:15 pm	Great Room	Expressive Arts and CI	Jane Goldberg, Yvette Lyons
1:45 pm - 3:15 pm	Breakout I	Master Class - CI Demonstration (English)	Dr. Gabor Maté
1:45 pm - 3:15 pm	Breakout II	The Inner Field	Anirudh Goel
1:45 pm - 3:15 pm	Breakout III	Supporting Entheogenic Healing with CI	Beth Ebers, Tony Hoare
1:45 pm - 3:15 pm	Breakout IV	Exploring Cultural Diversity, Inclusion and Equity within CI	Lorraine O Mullane, Stephen Brown, Mary Lennon, Jan Brown
3:15 pm - 3:35 pm	Break	Break	Break
3:35 pm - 5:00 pm	Great Room	Sharing Circle: Self-Care for the Assaulted Sense of Self	Andrea Razook
3:35 pm - 5:00 pm	Breakout I	Art Therapy and CI	Georgina Navarro, Monika Guillemin Weiglová

CONFLUENCE

Day 3 Schedule • Sunday, November 13, 2022 • 8:30 am to 6:00 pm

Day 3 Explores: Presence, Spinal Energy, Connection, Biodynamic therapy, Breathwork, Addiction, Shame, Self Regulation, Self Compassion, Sharing learnings, CI Demonstration and more

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TIME	VENUE	TITLE	SPEAKERS
8:30 am - 9:00 am	Great Room	<i>Movement, Meditation and Music</i> Playfulness, Presence and Connection	Stephen Brown
9:00 am - 9:30 am	Breakout I	Compassionate Inquiry and Reconsolidating Traumatic Memory	Mallory Hemerlein
9:00 am - 9:30 am	Breakout II	CI & Addiction	Wendy Harris, Sanjog Kaur
9:00 am - 9:30 am	Breakout III	Cultivating the 'Qualities as a Therapist' in an Embodied Practice	Jacqueline Irvine
9:00 am - 9:30 am	Breakout IV	Biodynamic Craniosacral Therapy	Anna Sólyom
10:30 am - 10:50 am	Break	Break	Break
10:50 am - 12:30 pm	Great Room	Thawing Out from Fear, Panic and Anxiety: Movement through Art and Music	Mali Munroe
10:50 am - 12:30 pm	Breakout I	Building Compassionate Community through a Participatory Approach: CI Educator Initiative in Turkey	H. Özden Bademci
10:50 am - 12:30 pm	Breakout II	Master Class - CI Demonstration (English)	Dr. Gabor Maté
10:50 am - 12:30 pm	Breakout III	Taming Shame	Manjeet Adi
10:50 am - 12:30 pm	Breakout IV	Learnings From London's Front Line	Jess, Matt Turtle
12:30 pm - 1:45 pm	Lunch	Lunch	Lunch
1:45 pm - 3:15 pm	Great Room	Epigenetics of Trauma	Sat Dharam Kaur ND
1:45 pm - 3:15 pm	Breakout I	Self-Care is Self-Compassion: An Experiential Inquiry	Paula Nowak Droog, Doris Polak Kuder
1:45 pm - 3:15 pm	Breakout II	Master Class - CI Demonstration (English)	Dr. Gabor Maté
1:45 pm - 3:15 pm	Breakout III	Powerful Self-Regulation Techniques for Therapists and their Clients	Lorraine O'Mullane, Stacey Nicklas, Tiph Fedor
3:15 pm - 3:35 pm	Break	Break	Break
3:35pm - 5:00pm	Great Room	Somatically Voicing Vagal Tone	Shannon Vickers
3:35pm - 5:00pm	Breakout I	How to Self-Regulate and Heal Using Breath-work	Alsu Kashapova
Closing Ceremony			